

SPEAKER PROFILES

DIABETES UPDATE

TAHITI: FEBRUARY 13-25, 2018

David C. W. Lau, MD, PhD, FRCPC



Dr. David Lau is Professor of Medicine, Biochemistry and Molecular Biology, and Cardiac Sciences at the University of Calgary. He is currently the Editor-in-Chief of the Canadian Journal of Diabetes, President of Obesity Canada, and Vice-President of the Canadian Association of Bariatric Physicians and Surgeons. Dr. Lau is a practicing endocrinologist who specializes in diabetes, obesity and lipid disorders. His research interests include fat cell biology in health and obesity, development of insulin resistance in obesity and diabetes, and cellular mechanisms of diabetic vascular complications. He is also involved in population health and clinical research programs in diabetes, obesity and lipid disorders. Dr. Lau has published over 100 scientific papers in peer-reviewed medical journals, periodicals and books.

Dr. Lau was Chair of the evidence-based Obesity Canada Clinical Practice Guidelines (CPG) Steering Committee and Expert Panel, and lead author of the 2007 CPG publication in the Can. Med. Assoc. Journal. Dr. Lau was a member of the 1998, 2003 and 2008 Canadian Diabetes Association Clinical Practice Guidelines Expert Panel, as well as the expert panel of the 2009 Canadian Cardiovascular Society Guidelines for the diagnosis and treatment of dyslipidemia and prevention of cardiovascular disease in the adult. Dr. Lau is a member of the expert panel committee on the 2013 CDA CPG as well as the 2012 Canadian dyslipidemia CPD update.

In 2004, Dr. Lau was honored as the top 20 notable Calgarians, and top 50 Albertans for his exemplary contributions to improve the health of Albertans.

Timothy Cook, MD, FRCPC, MHP, DTMH, CD, LCol (Ret'd)



Dr. Cook completed his MD at Queen's University (1986), General Internal Medicine fellowship at the University of Toronto (1995) and a Master's degree in Public Health (Health Promotion) from the University of London (UK) (2006). LCol Cook (Ret'd) enjoyed 20 years in the Canadian Forces Medical Services, retiring in 2003. He trained in occupational and environmental health, had several deployments abroad and also served as the personal physician to two Governors General of Canada.

Since then he has been recognized for his work in executive and corporate health and was the Associate Medical Director and Chief Medical Officer of two executive health clinics in downtown Toronto. Over the past decade Dr. Cook has expanded his interest in disease prevention and management through the incorporation into his life and clinical practice of Mind-Body medicine, mindfulness meditation and integrative health. In 2013 he founded the P3 Health Clinic for Personalized, Participatory and Preventive Medicine, and directs a multi-disciplinary team of conventional and complementary health practitioners.

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Theodore J Christakis, MD, FRCSC

Ted Christakis pursued his undergraduate education in Computational Chemistry at Yale University and completed his medical school at the University of Toronto. He finished his residency in the Department of Ophthalmology, and was recognized with the Woywitka Cup for the highest resident standing over 5 years. He is currently practicing as a general ophthalmologist in Toronto.

Ted has an interest in preventive medicine and local community involvement. In 2005, he climbed Mt. Kenya and Mt. Kilimanjaro with his brother Panos to raise HIV awareness and funding for a local AIDS hospice in New Haven, CT. In 2007 he co-founded Kids2See, an initiative that for the past 10 years has provided vision screening in at-risk Toronto schools to identify children with amblyopia. He continues to be involved in Kids2See, training medical students to perform screening examinations. Despite specializing in ophthalmology, Ted also tries to maintain a breadth of medical knowledge. He has a passion for wilderness medicine, and has attended several educational conferences on the subject. He traveled to Nepal in 2011 where he received training in expedition medicine, vertical extraction and rope-work, and had the opportunity to participate in high altitude rescue exercises from Mt. Everest Base Camp.

Ted remains active in the academic community, teaching medical students and residents. Outside of work, he enjoys hockey and SCUBA diving.

Dr. Andra Campitelli, ND



Dr. Campitelli is a leading North American Naturopathic Doctor, media expert, and educator, and divides her time between her Toronto-based practice at P3 Health and working in the nutraceutical industry.

Dr. Campitelli received her B.Sc. (Hons.) in Biomedical Sciences, with a minor in French Studies, from the University of Guelph before receiving her ND from the Canadian College of Naturopathic Medicine (CCNM).

She has expertise in hormonal and metabolic balance, incorporating BiIdentical Hormones and also has special interest in lifestyle medicine, weight management and medical nutrition including ketogenic dieting. Dr. Campitelli has appeared on various television and radio programs in order to educate audiences on healthy lifestyles and Integrative Medicine, including appearances on The Marilyn Denis Show, CBC, CP24, CTV News, and Wylde on Health. She regularly contributes to numerous North American magazines and is a frequent and well-respected speaker, author and guest lecturer throughout Canada and the United States.

Dr. Campitelli, is an educator and health specialist for Pruvit Inc. (www.ClinicKeto.com), a US-based nutraceutical company producing nutritional ketone supplements.